



the LINCOLN NEWS

LINCOLN CENTENNIAL PUBLIC SCHOOL

DISTRICT SCHOOL BOARD OF NIAGARA

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Our Bell Times

9:00am– Entry

3:20pm-Dismissal

**Please note:*

Break times have changed from last year due to Covid protocols in place.

Please check with your child's teacher as to when their break times occur.

Dear Lincoln Centennial Families,

Although Pink Shirt day was on Wednesday, February 24th, we encourage all at Lincoln to always choose kindness. It is important to approach all situations with kindness in our hearts. People make mistakes which we all learn from and when we approach situations and conflicts with kindness we can usually come to a mutual resolution.

With 4 months left in the school year we are looking forward to a continued focus on learning. Thank you for your support and effort at home to ensure your child is successful with following Covid protocols at school. We continue to be impressed with our students' attention and focus on staying safe and healthy here at Lincoln.

Looking forward to a great month ahead!

Ms. Overholt-Butler and Mrs. Parkhouse



PLEASE NOTE

THE MINISTRY OF EDUCATION HAS MOVED MARCH BREAK TO THE WEEK OF APRIL 12TH.



PINK SHIRT DAY!

On Pink Shirt day, staff and students sported pink shirts in support of anti-bullying. Students participated in a variety of activities, all with the messages of "Be Who You Are," "Choose Kind," "Say Something" and "Knock Out Bullying."



A Friendly Reminder:

While we might think the wintery weather is behind us, it is important to continue to make sure your child is dressed appropriately with a hat, mitts, boots and a warm jacket!



If you have a child, or know of a child, who was born in 2017, they can start Kindergarten in September 2021. For registration information, please look go to www.dsbn.org/kindergarten.



The **Forest of Reading** program is underway! Students in grades 5-8 have been invited to participate in Canada's largest recreational reading program. Its aim is to encourage a love of reading in people of all ages. The Forest celebrates Canadian books, publishers, authors and illustrators.

- **Silver Birch** Club is for grades 5 and 6, **Red Maple** is for grades 7 and 8
- Nonfiction books are part of **Yellow Cedar** (grades 5-8)

Books are nominated for each grade category and students are invited to read them, either hard copies or eBooks through DSBN Destiny Discover. Participants are encouraged to read at least five titles to be eligible to vote for their favourite in April. The club is running virtually across the DSBN this year. Students have access to the virtual clubs through D2L and can comment and respond to others based on the books they are reading. There are monthly virtual meetings as well as a final celebration in May. Further details can be found at <https://sites.google.com/dsbn.org/dsbn-forest-of-reading>.

Please contact Mrs. Saxton at melissa.saxton@dsbn.org if you have any questions!
Happy reading!

Student of the Month Awards

The character trait for the month of February was **OPTIMISM**. Congratulations to the following award winners:



| | LION'S PRIDE | CHARACTER TRAIT |
|---------|-------------------|-----------------------|
| K-1 | Amy PC | Abigail T. |
| K-2 | Ian S | Ella H. |
| K-3 | Roman | Vera |
| 1/2 Dra | Jack H., Jenny K. | Hazar |
| 1/2 Dom | Lydia | Chris |
| 2 R | Abigail | Ola |
| 2/3 W | Sesina | Ariana |
| 3 B | Ethan | Liam |
| 4 J | Olivia | Sheena |
| 4/5 D | Chase B. | Rahiq |
| 5/6 A | Khayden | Mohammed AH, Bayan AT |
| 6 E | Gage | Amber |
| 7/8 H | Annise | Ali AK |
| 7/8 L | Raid | Sarah K |
| FSP | Ryan | |

The Character Trait for **March** is **Perseverance**.

Perseverance is the continued effort to do or achieve something despite difficulties, failure or opposition.

As parents and teachers, we can offer to support our children to "stick with it" when the going gets tough. As parents, we often want to "help" our children. One of the ways we can help them is by supporting their struggles with strategies, instead of doing something for them—which could save us time in the moment, but not in the long run.



2020-2021 PARENT
INVOLVEMENT COMMITTEE

VIRTUAL SPEAKER SERIES

LESSONS FROM COVID-19: TECHNOLOGY USE AND TEENS' MENTAL HEALTH



WITH NATASHA PARENT, PHD
RESEARCHER AT THE UNIVERSITY OF BRITISH COLUMBIA

WEDNESDAY, MARCH 10, 2021 • 6:30PM - 8:00PM



The DSNB Parent Involvement Committee (PIC) is excited for March! The committee has a packed month, with 3 different presentations to look forward to in the PIC Virtual Speaker Series.

PIC kicks off March with Natasha Parent, a doctorate researcher from University of British Columbia, on Wednesday, March 10th at 6:30p.m. This event is geared toward parents of students in grades 6-8. Natasha will:

- share how COVID-19 has impacted teens mental health
- highlight the role of technology use and screen time in fostering their feelings of connection to others
- apply a developmental framework
- discuss how using technology can help teens meet their social goals and contribute to their overall wellbeing,
- touch on how to identify those who may be at risk.

In addition, this webinar will feature some useful tips on how to help teens navigate their screen time and discuss some of the cutting-edge work that's currently being done in the field.

To register for this informative webinar, please go to <https://www.dsnb.org/pic/speakerseries.html> .

Stay tuned for upcoming presentations later in March!